

Precision Sourcing Employee Assistance Program (EAP) - In Partnership With Employment Innovation

PROFESSIONAL COUNSELLING SUPPORT FOR YOU

Precision Sourcing's number one strategy in recent times has been to focus on the 'health and wellbeing' of our employees. We successfully rolled out an EAP program in 2018 and after receiving positive feedback from the team we wanted to introduce the same EAP benefits to our valued contractors.

EAP helps you manage life's issues and improves emotional wellbeing

Employment Innovation's Employee Assistance Program (EAP) service is delivered through Acacia Connection and is a confidential counselling service offered to you to help deal with personal or work related issues in a positive way. Employment Innovations EAP involves short-term counselling to assist you in overcoming life's challenges allowing to develop tools and strategies to be in a better state of emotional well-being.

Benefits of Using EAP



Increased Productivity

Improved mental health improves how staff think, feel and act



Reduce Absenteeism & Presenteeism

Decrease amount of sick days taken



Reduce Workplace Stress

Provide an effective early intervention program



Peace Of Mind

Provide counselling support when you need it the most

Counsellors provide support on areas such as:

- Depression & Anxiety
- Relationship & marriage difficulties
- Family & parenting issues
- Grief & loss
- Illness adjustment & management
- Addictions
- Stress management
- Work-related stress
- Financial coaching & legal referral
- Sleep disorders
- Dietition support
- Eating disorders
- Domestic violence
- Mental illness
- Any other issue effecting personal or work life

How to access EAP service

Mention Precision Sourcing when making an appointment.

Make an appointment via the below ways:

- By phone anytime day or night - 1300 364 273
- Live chat through www.acaciaconnection.com
- Contact via email info@acaciaconnection.com
- Contact via Skype. Skype name: [acacia.connection](https://www.skype.com/en/contacts/acaciaconnection)

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Precision Sourcing Australia ABN 31 613 376908

A Level 5, 8 Spring Street NSW 2000 T+61 2 8246 7777 F+61 8246 7778

Eenquiry@precisionsourcing.com.au Wwww.precisionsourcing.com.au

Precision Sourcing Employee Assistance Program (EAP) - Q&A

PROFESSIONAL COUNSELLING SUPPORT FOR YOU

Q. Is the Employee Assistance Program confidential?

Acacia EAP is an independent EAP provider which ensures your counselling sessions remain completely confidential. In accordance with the Privacy Act, Acacia EAP never discloses your personal details to anyone without your written consent.

Q. How much will it cost?

Short-term counselling is offered to you free of charge by your employer as part of your EAP benefit package. As part of the package 6 free sessions are included. Any sessions after the initial 6 free sessions will need to be paid for.

Q. Will my manager or employer know if I book an EAP session?

No, Acacia EAP does not disclose any information relating to your EAP sessions to your manager or employer. Individual employee names are never disclosed unless you consent to us advising them. Our service is highly confidential.

Q. Where can I have my appointment?

Acacia EAP has a network of highly qualified, registered psychologists and counsellors across Australia and internationally. We will arrange assistance for you in a convenient location close to where you work or live. Phone, video link/live chat options are also available if preferred.

Q. Are Acacia EAP psychologists qualified?

Acacia EAP carefully selects counsellors that are experienced, approachable and highly professional to ensure you receive the best support available.

Video Resources

In addition, please see the following video resources:

- [Awareness Session Byte](#)
- [How to Make an Appointment](#)
- [Facilitated Awareness Session](#) (Password: Acacia)

If you have any further questions feel free to visit the Acacia EAP website

www.acaciaconnection.com or call 1300 364 273

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